

Recreational Gymnastics

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Recreation 5-6yo 3:45pm-4:45pm	Recreation 5-6yo 3:45pm-4:45pm	Recreation 5-6yo 3:45pm-4:45pm	Recreation Girls 5-6yo 3:45pm-4:45pm	Recreation 5-6yo 3:45pm-4:45pm	Recreation 5-6yo 9:15am-10:15am	
Recreation 7-8yo 3:45pm-4:45pm	Recreation 7-8yo 3:45pm-4:45pm	Recreation 7-8yo 3:45pm-4:45pm	Recreation Boys 5-8yo 3:45pm-4:45pm	Recreation 7-8yo 3:45pm-4:45pm	Recreation 7-8yo 9:15am-10:15am	
	Recreation 9+yo 4:50pm-5:50pm		Recreation 7-8yo 3:45pm-4:45pm		Recreation 5-6yo 10:20am-11:20am	
			Recreation Boys 5-8yo 4:45pm-5:45pm		Recreation 7-8yo 10:20am-11:20am	
					Recreation 5-6yo 11:25am-12:25am	
					Recreation 7-8yo 11:25am-12:25am	
					Recreation 9+yo 11:25am-12:25pm	

Preschool

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		Preschool 3-4yo 10:45am-11:30am	Preschool 4+ yo 3:30pm-4:15pm	Preschool 3-4yo 9:45am-10:30am	Preschool 2-3yo 9am-9:45am	
	Preschool 3-4yo 10:45am-11:30am	Preschool 3-4yo 1:45pm-2:30pm		Preschool 4+ yo 3:30pm-4:15pm	Preschool 4+ yo 9am-9:45am	
	Preschool 4+ yo 3:30pm-4:15pm	Preschool 4+ yo 3:30pm-4:15pm			Preschool 3-4yo 10am-10:45am	
					Preschool 3-4yo 11am-11:45am	
					Preschool 2-3yo 11am-11:45am	

Extension Gymnastics

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Extension Gymnastics 7+ 4:50pm-5:50pm	Extension Gymnastics 7+ 4:50pm-5:50pm		Extension Gymnastics 7+ 4:50pm-5:50pm		Extension Gymnastics 7+ 9:15am-10:15am	
					Extension Gymnastics 7+ 12:30pm-1:30pm	

Team Gym

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	INVITE ONLY Team Gym 6pm- 7.30pm	INVITE ONLY Team Gym 5pm-6:30pm			INVITE ONLY Team Gym 4pm-6pm	

Trampolining

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Trampoline 10-12yo 4:50pm- 5:50pm	Trampoline 6-8yo 3:50pm-4:50pm	Trampoline 10-12yo 4:50pm- 5:50pm	Trampoline 10-13yo 4:50-6:50pm	Trampoline 8-10yo 4:50pm- 5:50pm		
Trampoline 10-12yo 6pm-7pm	Trampoline 8-10yo 4:50pm- 5:50pm	Trampoline 10+yo 6pm-7:30pm	Trampoline 11+yo 7pm-8pm			
	INVITE ONLY Advanced Trampoline 6pm-8pm					

Tumbling

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		Tumbling Beginner (8-10yo) 5pm-6pm		Flips (12+yo) 6pm- 7:30pm		
		Tumbling Intermediate 6pm- 7:30pm				

Recreational Competitive

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Rec Comp 5 4pm- 5:30pm	Rec Comp 4 6pm- 7:30pm	Rec Comp 1 5:30pm-7:30pm	Rec Comp 2 6pm- 7:45pm	Rec Comp 5 4pm- 5:30pm	Rec Comp 4 12:30pm-2pm	
Rec Comp 6 4pm-6pm			Rec Comp 3 5.45pm-7:15pm	Rec Comp 6 4pm-6pm		
Rec Comp 2 6pm- 7:45pm				Rec Comp 1 5:30pm-7:30pm		
Rec Comp 3 5.45pm-7:15pm						